



# *Little Red River Cree Nation*

Health Services Department

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## **Fox Lake Nursing Station Procedures Covid 19**

### **Initial Steps for People With Respiratory Symptoms:**

**Any patient with respiratory symptoms (stuffy/runny nose, sore throat, cough, fever, fatigue, shortness of breath), please phone Alberta Health at 811 for advice on what to do, questions about Covid 19, and Covid 19 testing.**

**You also have the option of going on the Alberta Health website and taking a SELF ASSESSMENT QUESTIONNAIRE at this link:**

<https://myhealth.alberta.ca/Journey/COVID-19/Pages/Assessment.aspx>

**If you are experiencing these symptoms, also please self isolate your ENTIRE HOUSEHOLD to prevent the spread of any illnesses for a minimum of 14 days according to Alberta Health Guidelines.**

**\*\*LRRCN Primary Care staff will only be testing for COVID 19 on the Direction of Alberta Health Services as we have limited testing supplies and risk in Alberta is still LOW.**

### **Procedures for Coming to the Fox Lake Nursing Station:**

**Patients wanting to come to the Nursing Station for any kind of assessment or treatment, OR who 811 has recommended to seek medical assessment, need to follow these steps:**

### **811 Referrals to Nursing Station:**

- phone clinic at 780-759-2347 and ask to speak to the Nurse in Charge (NIC); notify that 811 was called and advised to go to Nursing Station.
- The NIC will ask questions about what each patient will need and make a decision over the phone about whether the client should stay at home and recover, or come to the Nursing Station for assessment and treatment.

### **Walk-ins and Appointments:**

- When patients arrive at the Nursing Station they will be asked if they have any respiratory symptoms, if YES, they will be given a mask.
- Everyone will be asked to immediately wash their hands in the waiting room bathroom.
- Patients will be triaged by the Nursing Team. Any urgent patients will be seen right away. Urgent patients with Respiratory symptoms will be put into an isolation room.
- Any Non Urgent patients who are able will be asked to **wait in their vehicles** until a staff member comes to get them. They will be put into a treatment room and seen by Nurse/Paramedic. Those who cannot wait in their vehicle, can wait in the waiting room, distancing themselves from others. This is in an effort to prevent many people from gathering in the same room and potentially spreading illnesses.
- Please continue to make appointments for Doctor's day, come to the Nursing Station at your appointment time, and still follow the above procedures.

**\*Patients who are unable to phone the Nursing Station will still be triaged.**

**\*\*At some point we may shut down for Emergencies Only**

**\*\*\*Patients who are urgent or emergent will still be sent to hospital if they require diagnostics, assessment by Doctor or emergency treatment. And if required, picked up by the community ambulance.**