



LITTLE RED RIVER CREE NATION

July 23rd, 2020

MEMO: LRRCN MEMBERSHIP

RE: Covid 19 Cases in Mackenzie County

Tansi Netotemmak,

You may have heard by now there is an outbreak of Covid 19 in Mackenzie County. This is why our checkpoint has locked down again. Many of the cases are in La Crete (Confirmed by the Alberta Health Website). According to our sources, teams from AHS are doing their best to do contact tracing, encourage people to get tested, and encouraging people to self-isolate.

We also learned from Mayor McAteer in High Level that they have confirmed their first case there Monday. Realistically, there are probably more cases in High level, and we won't know until more contact tracing and testing is done.

This is a reminder of how quickly this virus can spread if individuals don't do their due diligence and follow the recommendations of Alberta Health. We all know them, and they work:

1. Stay at home as much as possible
2. Wash/sanitize your hands often
3. Don't touch your face (eyes, mouth, nose)
4. Disinfect High Touch Surfaces often
5. Stay home if you are sick
6. Cover your coughs and sneezes
7. Get tested for Covid 19 if you have symptoms and self isolate
8. Get tested for Covid 19 regularly even if you have no symptoms
9. Don't share personal items like utensils, cups, toothbrushes
10. Stay at least 2 meters away from others (who you don't live with)
11. If you cannot stay 2 meters apart, **Wear A Mask. Especially when going into town.**

Our Chief has done a video post to announce that all people in LRRCN must wear a mask if they are in a public place within LRRCN. For example, at any of the stores in LRRCN. This will decrease the risk of Covid 19 spreading if it does eventually get here.

The Emergency Management Team has given out thousands of reusable masks to the communities. If you have picked them up already, please remember to bring them with you when you leave your home. If you have misplaced them, please find them. If you haven't picked them up yet, there are still masks at the Health Centers that can be picked up in the

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waiting rooms. Other areas of Alberta are thinking about making masks mandatory (Bylaw in Calgary will be in effect August 1st, 2020), but because LRRCN has such a vulnerable population, we don't want to delay putting this measure into place, and are ahead of the rest of Alberta.

A time line so far of Significant events in Alberta, Mackenzie County and LRRCN.

Alberta

March 6th, 2020- Alberta's first case of Covid 19

April 30th, 2020- Alberta's peak, reaching 2995 Active cases

May 14th, 2020- Stage 1 of Alberta's relaunch strategy

June 6th, 2020- Alberta's lowest number of Active cases before cases start to rise again
(333 active cases)

June 12th, 2020- Stage 2 of Alberta's relaunch strategy begins

July 20th, 2020- 1193 Active Cases

Mackenzie County and LRRCN

March 28th, 2020- Mackenzie County's first case of Covid 19

April 26th, 2020- Peak of Mackenzie County's first wave of covid 19 with 19 cases

June 13th, 2020- LRRCN Checkpoint restrictions loosen

June 15th, 2020- zero active cases in Mackenzie County

June 23rd, 2020- 2 new cases in Mackenzie County

July 7th, 2020- 7 Active cases of Covid 19 in Mackenzie County, triggering a checkpoint
lockdown.

July 20th, 2020- First Active case of Covid 19 confirmed by Mayor McAteer in High Level

July 21st, 2020- 43 Active cases of Covid 19 in Mackenzie County

Please Share.

Thank you,

LRRCN Emergency Management Team

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