



LITTLE RED RIVER CREE NATION

August 20th, 2020.

MEMO: First Case of COVID-19 identified in LRRCN Temporary Lockdown

To Residents of LRRCN,

We learned this evening from Indigenous Services Canada that the first person in LRRCN has been diagnosed with COVID-19. This person and their family are aware and are self-isolating. Let's all please be supportive of our community members! They were unlucky enough to get this sickness and they need our support.

All three communities will now be in Lockdown; John D'Or Prairie, Fox Lake and Garden River. This is so contact tracing, education and testing for contacts can occur. **Please stay in your homes unless you need to seek medical services. Those people who are outside of the Nation at this time will still be able to come home. Please go straight home.**

All Nation Facilities will continue to be closed to the public. Only essential staff will be required to come into the office. Those who can work from home will work from home. Please contact your supervisor to see whether you are required at work or can work from home.

The John D'Or Health Center, Fox Lake Nursing Station and Garden River Health Center will be closed and seeing emergencies only. If you have a medical emergency please phone your local Health Facility first to notify them you are coming.

Health Facilities will also be able to do drive through testing for COVID-19. Please make an appointment. No walk ins. Nursing staff will prioritize appointments.

All Nation Stores please close for the next few days and we will reassess Monday whether stores can open safely.

And remember:

- Stay 2 meters away from people who you don't live with
- Wash or sanitize your hands often, your work spaces and your home
- Cough or sneeze into your elbow
- WEAR A MASK IN PUBLIC PLACES
- If you are sick, stay home. Phone the Health Center if you need to get tested. **IF YOU HAVE RESPIRATORY SYMPTOMS YOU MUST SELF ISOLATE FOR 10 DAYS OR UNTIL SYMPTOMS ARE GONE, WHICHEVER IS LONGER.**
- If you have received a phone call explaining you are a contact, you **MUST SELF ISOLATE FOR 14 DAYS.** This is Alberta Health Law.

Thank you and we will keep you updated.

LRRCN Emergency Management Team

**info@lrrcn.ab.ca <https://lrrcn.ab.ca/>
PO Box 30 John D'or Prairie AB T0H 3X0
Phone 780.759.3912 Fax 780.759.3780**