



LITTLE RED RIVER CREE NATION

September 11th, 2020.

Re: COVID-19 in LRRCN

To Residents of LRRCN,

We regret to inform you that during our mass testing we have found additional cases of COVID-19 in JDP. Some were expected new cases and some were not. **It is still going to take lots of work from our Nursing Team and most importantly the community to get through.**

We remind our residents and members:

- **stay home and don't go visiting.**
- **Don't allow visitors into your home.**
- **No Inter-Community Travel**
- **Wear your masks if others are in the same vehicles (we have seen transmission this way too)**
- **If you have been told by nursing staff to self isolate, you are legally required to do so.**
- Most people with this virus do not look sick but can still pass on the virus to others. This is why we are in this situation where we are seeing more and more cases. COVID-19 is spreading in JDP mostly by household contacts and visiting.
- Get tested if you start to feel sick. Even if you got tested this week.
- Follow all safety protocols if you need to leave your home for work or to get supplies: frequently wash/sanitize your hands, stay 2 meters away from others, wear a mask in public places and when you cannot stay 2 meters from others, sanitize your homes often.

Security will be stricter in JDP now, and curfew will continue. If security see people out in the community, they will ask you to stop, give you information about COVID-19 and ask you to go home. Please be respectful, they are trying to make things safer in JDP.

Checkpoint will still be passable for the following reasons:

- School supply shopping
- Hunting/Gathering/Traditional Healing
- Medicals
- Post Secondary Students Heading out for their studies
- Please be careful in town, don't visit, and come straight home after. We don't want to see new outbreaks within our communities.

Thank you,

LRRCN Emergency Management Team

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