



LITTLE RED RIVER CREE NATION

November 22nd, 2020.

Re: No Lockdown

To LRRCN Members and Residents,

There have been lots of rumors going around about LRRCN going back on lockdown. At this time there is no plan to Lockdown any of our three communities. The EMT met with Chief and Council this week to discuss as the numbers of COVID are going up in the province. (Mackenzie County still has low numbers).

It was agreed at this time the need to ensure food security, mental health, hunting/trapping rights, access to other supplies, essential services, access to outside medical care, visiting sick family members, etc. outweigh any protections a locked down checkpoint could provide against COVID-19.

The best ways to protect against COVID-19 are by following the Alberta Health Guidelines:

- Frequent Hand hygiene
- Wear masks
 - in Public Places
 - in vehicles when travelling with someone not in your household
 - when you or another household member is sick
 - when you cannot stay 2 meters away from non household members
- self isolate at home when sick and get tested for COVID-19 at your local health center
- Don't touch your face (eyes, nose, mouth) with unwashed hands
- Disinfect High Touch Surfaces often (1-part bleach to 9 parts water)
- Follow all the rules at any Nation Building
- Avoid crowded areas
- Social Distance (stay 2 meters away from others)
- Stay home as much as possible, only essential travel
- Avoid COVID-19 hotspots like Edmonton, Calgary and surrounding communities.
- If Nation Departments have contractors coming in, make sure the contractors are following the rules too

The people of LRRCN have shown they know and are able to follow these guidelines. Not everyone is perfect, some people need to find their motivation again. But overall, we are doing a great job. If we were not doing a great job, we would have seen more cases coming to LRRCN and spreading. Leadership and the EMT have confidence the people of LRRCN will do everything they can to prevent COVID-19 from getting here again, and to prevent a spread if it does get here. But it is still up to the people of LRRCN to continue to do their part.

Thank you again to our Residents and Members

LRRCN Emergency Management Team

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