



# LITTLE RED RIVER CREE NATION

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February 25<sup>th</sup>, 2021.

**Re: Residents Returning Home to LRRCN**

To Nation Residents and Members,

For LRRCN Residents who got stuck outside of LRRCN when we locked down for contact tracing in Fox Lake and John D'Or.

**Please come home.**

We ask the following of you:

- If you are coming from an outbreak area in Mackenzie County, get a COVID-19 test and wait for your result before coming home.
- If you were a contact of a positive case or have cold/flu type symptoms, please isolate outside of LRRCN and get tested for COVID-19 by AHS
- Phone ahead to see if your home in LRRCN is on isolation
- If you develop cold or flu type symptoms after returning to LRRCN:
  - Cough, sore throat, runny nose, fever, shortness of breath, nausea/vomiting/diarrhea
  - You must isolate in your home away from other family members and book a COVID-19 test at your health center

If you have any questions, please contact Alix McGregor at the John D'Or Health Center 780-759-2347 ext. 1416 during business hours.

Thank you,

**LRRCN Emergency Management Team**

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